The Guild Wheel is a 12-mile circular route that takes you around the city of Preston. You can use it for walking, running and cycling or in your mobility scooter or wheelchair. The route is best enjoyed at a slow pace stopping off at attractions and cafes on the way. It is also great for short walks and cycle rides.

The History

The Guild Wheel was created as a legacy of the 2012 Preston Guild Year. It was set up with the help of the Friends of the Guild Wheel. Preston Guild happens every 20 years and has a history going back to 1279. It is the only Guild still celebrated in the country.

Getting Around

The Guild Wheel takes you through the different landscapes that surround the city. It is made up of paths shared between pedestrians and cyclists with some sections on minor roads. From Avenham Park, a historic park on the edge of the city centre, follow the route west along the River Ribble past riverside meadows and ancient woodland to Brockholes Nature Reserve. Climb up the hill from the Nature Reserve and continue through grassland and woodland.

Using the Guild Wheel

The Guild Wheel is great for walkers, runners, mobility scooter users and cyclists. You do not have to do the whole route to enjoy it to the full.

Keep Healthy – Walking, running or cycling is one way to ensure that you get the 30 minutes a day exercise that doctors recommend for good health.

Bring the Family – Ideal for family walking and cycling trips. Visit Brockholes Nature Reserve, Avenham and Miller Parks or the Docklands. Впоследствии.


ATTRACTIONS ON THE ROUTE

• Brockholes Nature Reserve – located on the edge of the city by the M6. You can view birds and wildlife at lakes and wetlands or eat in the floating visitor village. Managed by Lancashire Wildlife Trust.

• Avenham and Miller Parks – historic city centre parks located by the river. They are the centre of the area's greenway network. Outdoor events and festivals are held in the Parks during the summer.

• Uclan Sports Arena - It has a cycle race track, used by local cycling groups, including junior cycle clubs and disabled cyclists.

• Ribble Link Canal - An historic waterway linking the Ribble estuary and the Leeds and Liverpool Canal.

• Preston Dock - When opened in 1892, the dock was the largest in the world. Trade included fruit from the West Indies, timber from Scandinavia and a car ferry service to Ireland from 1964. The Dock is now a marina.

• Ribble Steam Railway - runs alongside the Guild Wheel by Preston Dock.

• River Ribble - The route takes you from the Ribble Estuary to the floodplains of the river valley passing rapids on the way.

NEED A BREAK?


ADVICE FOR CYCLISTS

• Cycle at a relaxed pace and watch your speed going downhill.

• Slow down when passing other users. Ring your bell. Say hello and thank you.

• Allow plenty of room when passing other users.

• Slow down on bends or where visibility is limited.

• Keep a close eye on children cycling with you.

ADVICE FOR WALKERS

• Be aware that cyclists and scooter riders may take an erratic course.

• Keep your dog on a close lead. Not everybody regards your dog as friendly.

• Long leads are a trip hazard and clean up any dog mess.

BOLTON WOOD

• There is a steep narrow path down to Brockholes Nature Reserve through Bolton Wood, a site of special scientific interest.

• The path has an uneven surface. Cyclists should dismount for safety.

FLOODING

• Parts of the path along the river and on Sandygate Lane, south of Broughton are subject to flooding.

LITTER

• Take your litter home with you or use bins provided.

MAKING CONNECTIONS

“The Spokes in the Wheel”

The Guild Wheel forms part of the National Cycle Network being developed by Sustrans. Preston is the midpoint of the network. The Guild Wheel Route 62 links together a number of key routes.

Route 6 (Preston – Lancaster) From the city centre, the route crosses Moor Park, joining the Guild Wheel at Longsands.

Route 55 (Preston – Chorley) The route takes you along cycle paths to Bamber Bridge, Cuerden Valley Park, Buckshaw Village, Astley Hall and Chorley.

Route 62 (Preston – Blackpool) Follow the canal out of Preston to the Fylde Countryside. The route continues to Lytham St Annes and Blackpool along the seafront.

Route 62 (Preston – Southport) Cross the river by Penwortham Old Bridge and ride alongside the path to Hutton. The route continues on minor roads and cycle paths to Southport.

Preston – Gnosall from West View Leisure Centre follow the cycle path on the old railway out of Preston towards Gnosall.

REPORT A FAULT

You can report faults on cycle and footpath through the highway fault line on www.lancashire.gov.uk Tel 0300 123 6780.