



Join us before or after your walk to enjoy log fires or terrace sunshine, whatever the weather we're the perfect place to relax and kick off your boots.

The Assheton Arms is a great place to drink and work off an appetite. With something for everyone on the menu, from sandwiches to fish and chips and pot pies, and our famous seafood specials, it's the perfect place to round off your day.

The Assheton Arms
Downham
Clitheroe
Lancashire
BB7 4BJ

t. 01200 441227
www.asshetonarms.com
info@asshetonarms.com



SEAFOOD
PUB COMPANY

Try our other walks, each one as individual as the pub it starts and finishes at.



Great Eccleston, Preston
01995 672018
www.greatecclestonpub.co.uk



Cloughton, Lancaster
01524 221157
www.fenwickarms.co.uk

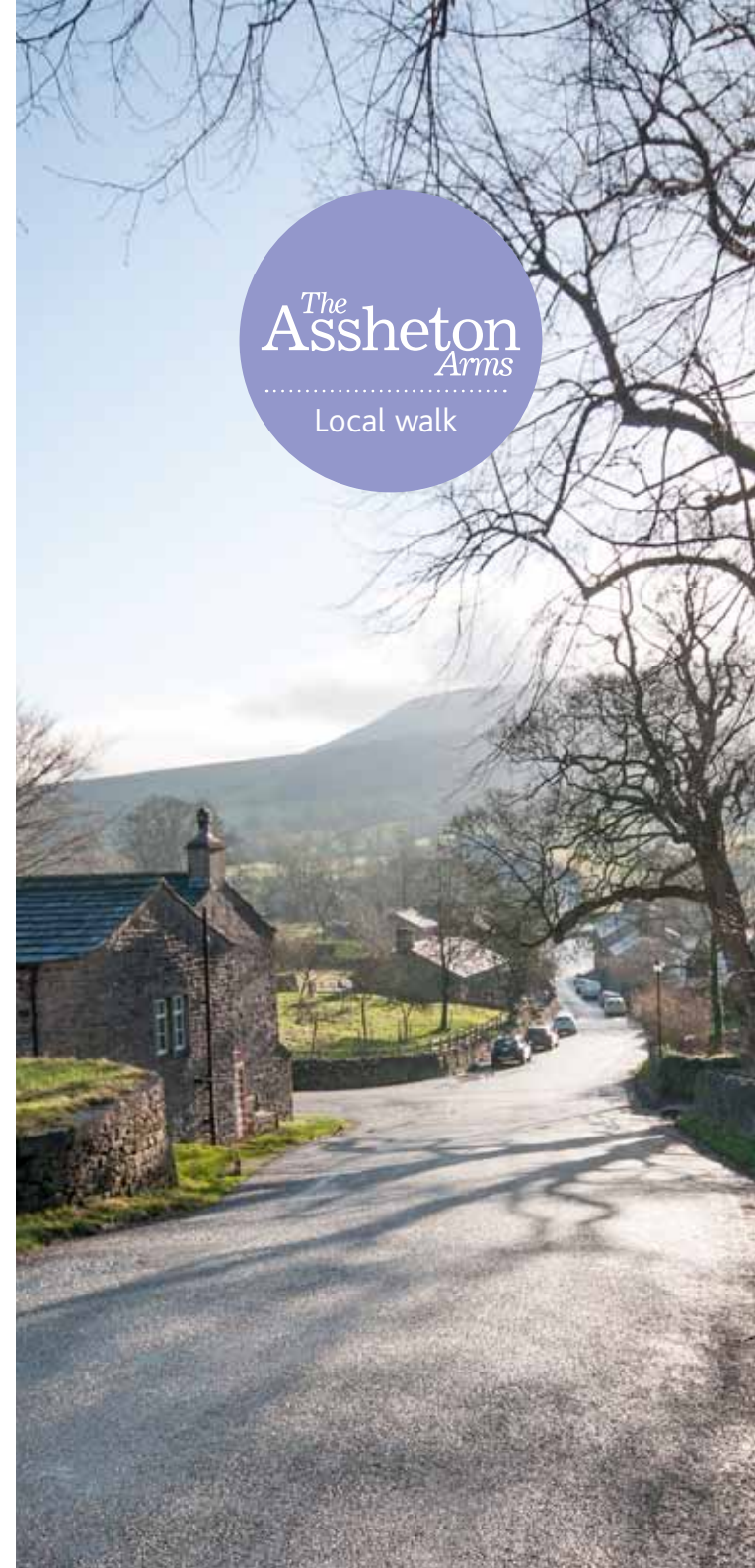


Feniscowles, Blackburn
01254 203200
www.oysterandotter.co.uk



The
Assheton
Arms

Local walk



A picturesque Ribble Valley walk, taking in Worsaw Hill and the villages of Downham and Chatburn.

Start: The Assheton Arms, Downham (GPS waypoint SD 784 443)

Distance: 3.5 miles (5.5km)

Approx. Time: Allow 1 hour 30 minutes

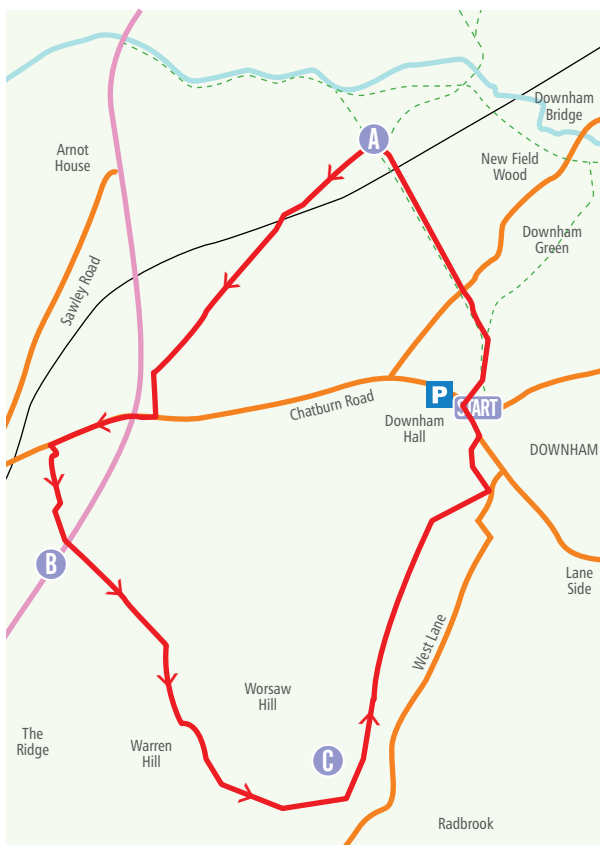
Parking: The Assheton Arms

Route Terrain: Fields, tracks, roads

Facilities: Refreshments and toilets available in Downham, shops in Chatburn

Suitability: Not suitable for prams or wheelchair users, dogs permitted but must be kept under control around livestock

OS Maps: Landranger 103 (Blackburn and Burnley), Explorer OL41 (Forest of Bowland and Ribblesdale)



Your walk, step-by-step

Make your way to the left of the Assheton Arms pub and follow the public footpath sign alongside the stone wall to pass through a gate on the left. Go through another gate further on and keep to the treeline on the left to descend down to a gate on the road beyond.



Cross over and go through another gate. After crossing the paddock, take the small gate in front of you, which leads to the back of the farmhouse. Keep on along the next track in front of you and pass through a small metal gate. Continue along the track before passing underneath the railway line and through another gate to reach a building in the field up ahead. **A**

Turn left in front of the building then turn right into another field. Follow the signed footpath to the left alongside the hedgerow and then pass through a gate to continue along an enclosed pathway.



The path eventually crosses over the railway line before continuing along the opposite side of the tracks. After reaching a small bench and a gate, proceed into the field beyond and follow the trees on the right to reach the main road. Pass through the gate to emerge onto the road. Carefully cross over and turn right towards Chatburn.

Turn left down Kayley Lane at the public footpath sign, just beyond the red post box. Follow the road down to the right and continue on, following the sign for Whitecroft at the end of Victoria Avenue. When the track crosses over the stream, turn right at the marker post. Follow the path around before crossing over the wall via the stone stile on the left. Proceed along the path, which leads you around a paddock to the A59. **B**



Carefully cross over the A59 to the path opposite. Go through the gate and continue straight on into the field beyond. After reaching a stone wall, pass through the small gate and continue up the steep, rocky path towards Worsaw Hill. Take care at this point as the path is steep and can be slippery in wet weather.



Pass through the gate at the top and continue upwards. Follow the grassy path around the base of Worsaw Hill, passing some large, dark rock formations on your left.

The path continues beside a fence on the right before eventually arriving at a wooden stile at Worsaw End. Go through the stile and keep to the right of the field beyond. **C**

Pass through another stile and carry on in the same direction as the field opens out. Continue to

the left of a line of trees and along the right hand side of a stone wall at the far end of the field.

Go through the stile and keep on to reach a gate. Proceed through the gate and follow the fence to the left to arrive at the back of a row of cottages. Go through the gate and follow the driveway to the road at the bottom. Continue onwards into Downham, crossing the bridge over Downham Beck. Turn left up the hill to arrive back at the start of the walk. Keep on and turn right at the cobbles to reach the car park and the beginning of the walk.

