Sustrans makes smarter travel choices possible, desirable and inevitable. We’re a leading UK charity enabling people to travel by foot, bike or public transport for more of the journeys we make every day. We work with families, communities, policy-makers and partner organisations so that people are able to choose healthier, cleaner and cheaper journeys, with better places and spaces to move through and live in.

KEEP SAFE, BE COURTEOUS AND ENJOY YOUR CYCLING!

The National Cycle Network offers 10,000 miles of cycle routes, running right through urban centres and reaching all parts of the UK. It is designed to encourage people to start cycling again and to be a safe and attractive resource for families, novices and experienced cyclists. One third of the National Cycle Network will be on traffic-free paths providing a major new amenity for walkers and people with disabilities.

ON ALL ROUTES:
Please be courteous! Always cycle with respect for others, whether other cyclists, pedestrians, people in wheelchairs, horse riders or drivers, and acknowledge those who give way to you.

WHEN CYCLING ON SHARED USE PATHS PLEASE:
• give way to pedestrians, leaving them plenty of room
• keep to your side of any dividing line
• be prepared to slow down or stop if necessary
• don’t expect to cycle at high speeds
• remember that many people are hard of hearing or visually impaired – don’t assume they can see or hear you. Carry a bell and use it – don’t surprise people
• give way where there are wheelchair users and horse riders.

WHEN CYCLING ON ROADS:
• always follow the Highway Code
• be seen – most accidents to cyclists happen at junctions
• fit lights and use them in poor visibility
• consider wearing a helmet and conspicuous clothing
• don’t cycle on pavements except where designated - pavements are for pedestrians
• use your bell – not all pedestrians can see you.

AND IN THE COUNTRYSIDE:
• follow the Country Code
• respect other land management activities such as farming or forestry and take litter home
• be self-sufficient – in remote areas carry food, repair kit, map and waterproofs
• try to cycle or use public transport to travel to and from the start and finish of your ride
• cycle within your capabilities.

THANK YOU FOR CYCLING!

The bicycle does not cause pollution or contribute to climate change. Thank you for choosing this environmentally friendly form of transport. Keep safe, be courteous and enjoy your cycling on the National Cycle Network.

For more information on routes in your area please contact the local tourist information centres, or to find out more about Sustrans visit www.sustrans.org.uk or call 0845 113 00 65

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SC039263 (Scotland) VAT Registration No. 416740656

Supported by eusebregional development fund

From awe inspiring architecture to engineering endeavour, Modern History showcases the best of the region’s museums, mills, railways, walking trails and attractions.

Inside you’ll find a small selection of Modern History venues to visit on this cycle route, for information on over 100 places to visit go to modernhistory.co.uk

WHAT WILL YOU DISCOVER?

HERITAGE CYCLE TRAIL
GAWTHORPE HALL – QUEEN STREET MILL TEXTILE MUSEUM – THE WEAVERS’ TRIANGLE – TOWNELEY HALL

WHERE PEDAL POWER LEADS TO A LASTING LEGACY

Unearth the stories that have shaped the modern world. With events and exhibitions for everyone...

WHAT WILL YOU DISCOVER?
Unearth the stories of life in the past for both the rich and poor as you cycle along through Lancashire’s landscape, discovering the place that once led the world in cotton production. Working mills, rich landowners’ mansions, Victorian schoolrooms and beautiful parkland can all be found in the mill town of Burnley.

Start your journey at Queen Street Mill Textile Museum, the last surviving operational steam powered weaving mill in the world. Then go along the river and canal until you get to The Weavers’ Triangle Visitor Centre and discover what it was like to live in a 19th century mill town.

Alternatively take the greenway from Padiham, which takes you on a gentle graded route through the town all the way to The Weavers’ Triangle. Stop off on the way to admire the Elizabethan gem that is Gawthorpe Hall.

With interesting places to visit, a safe and enjoyable route and an abundance of cafes to refuel, you’ll be sure to have a fun day out on your bikes on the Modern History Heritage Cycle Trail.
Heritage Cycle Trail

Route 1

Padiham and Gawthorpe Hall to The Weavers’ Triangle Visitor Centre
3 ½ miles, 6km

1. Join the Padiham Greenway at Park Road, next to Padiham Leisure Centre and bear left to take the greenway through the town. This former railway line gives a gently graded route all the way to the Leeds & Liverpool Canal.

2. (Optional). If you would like to visit Gawthorpe Hall, leave the greenway at Cardwell Street, turn right onto Spencer Street to Burnley Road. Cross using the Tuscan crossing and join Stocksbridge Drive, the private driveway that leads directly to Gawthorpe Hall.

3. At the top of the climb out of Padiham the greenway loops around to the right. Look out for Mollywood Lane, rather than continuing to the canal. Follow Mollywood Lane for around 500m, turning to the right to join the Leeds & Liverpool Canal.

4. With the canal on your right continue under Liverpool Road and Lowerhouse Lane bridges. An area of playing fields comes into view on the left. Just after the playing fields leave the canal, turning left to join Sycamore Ave.

5. Turn right, following the cycle path alongside Sannow Lane for a few metres before turning left onto Woodbine Road. Take the second right turn onto Adamson St, and second left onto Keith St.

6. At the far end of Keith Street bear right onto a shared path that takes you under the road into the heart of the traffic island. Go straight on at the intersection of paths at the centre of the island then bear left to pass under the road again, and to emerge on the right hand side of Pendle Way.

7. Turn right off Pendle Way and continue downhill. Take care! After around 500m you will cross the canal. Immediately after the bridge you need to turn right to rejoin the canal towpath. You may find it safer to stop and dismount at the side of the road and to cross over when safe to do so and re-mount your cycle when on the canal towpath again.

8. Continue along the towpath, over the motorway, along the railway and Westgate and Sandygate Roads. Between these two roads you can leave the towpath to join Wiseman Street and visit the Oak Mount Mill Engine House.

9. Continuing along the towpath, from Sandygate you come to a covered wharf. Take care on this narrow section of towpath. The Weavers’ Triangle Visitor Centre is just after the covered wharf on the left.

Route 2

Towneley Hall to The Weavers’ Triangle Visitor Centre
1 ½ miles, 2 ½ km

1. From the entrance of the hall itself look for the driveway that curves to the left towards the town (if you follow the straight road “The Avenue”, continue, but for a left turn onto a shared path before you cross the river).

2. Where this driveway meets Towneley Holmes Road, cross the road and bear left to join the shared path between the road and the river.

3. Follow this path, past unity College and continue looking out for the main entrance gates.

4. Once you have passed through the main gates look for the towcan crossing that enables cyclists and pedestrians to cross Todmorden Road. Cross over and join Parliament Street. This is a main road limited to 20 mph and traffic calmed, but do still be aware of other traffic.

5. At the top of Parliament Street turn right onto Finnsley Gate. The road goes over the canal. Once over the canal dismount and cross the road where you see the signpost for routes along the canal towpath. Where you meet the tow path turn right and pass under the road bridge and continue, passing under Centenary Way and Manchester Road. The Weavers’ Triangle Visitor Centre is just after Manchester Road on the right.

6. From the entrance of the hall itself look for the driveway that curves to the left towards the town (if you follow the straight road “The Avenue”, continue, but for a left turn onto a shared path before you cross the river).

7. Where this driveway meets Towneley Holmes Road, cross the road and bear left to join the shared path between the road and the river.

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Heritage Cycle Trail

Route 3

Queen Street Mill Textile Museum to The Weavers’ Triangle Visitor Centre
3 ½ miles c. 6km

1. From the entrance to the Queen Street Mill Textile Museum turn left up the hill until you reach the crossroads with Harrison Street and turn left. Follow Harrison Street until it reaches a T junction with Talbot Street. Turn left but look out for the first right turn onto Shore Avenue. Follow Shore Avenue to a T junction with Lydgate / Portsmouth Drive and turn left.

2. The next turn could easily be missed, but around 30 metres from Shore Avenue the Brun Valley Greenway starts on the left, between two houses!

3. Follow the Greenway as it winds its way down the hillsides. Take care on the loose surface, keeping a good look out for the small round way markers.

4. At the bottom of the hill the greenway meets Netherwood Road. Turn right, but remember the road is open to motor traffic.

5. The road follows the river. Just past some old factory buildings the greenway continues straight on as the road bends to the right. Follow the Greenway. The route continues alongside the river and passes under Queen Victoria Road and into Bank Hall Park.

6. Bear right and follow the path north to the river. The path passes under the canal at the next bridge and into Thompson Park. Just after the canal bridge there is a right turn that takes you up to the canal towpath. Turn right onto the towpath.

7. Follow the canal towpath. Once you pass under the Omerford Bridge you are on “The Straight Mile”, a long straight section of canal built on an embankment, regarded as one of the wonders of the canal network and giving views into the town centre and surrounding area.

8. The canal turns to the right under Finsley Gate. Continues under Centenary Way and Manchester Road in quick succession. The Weavers’ Triangle Visitor Centre is just after Manchester Road bridge on the right.