① From Brungerley Bridge walk through Brungerley Bank along the lower riverside path - well-marked ‘Ribble Way’. A detour around the Sculpture Trail and Park is recommended.

② At the Crosshill Nature reserve take the left fork, cross over a stile and follow the riverbank to West Bradford Bridge.

③ On reaching the Bridge exit to the main road and cross over to the lay-by opposite. Take the path to the river via the kissing gate at the bottom of the lay-by. Note the view of the bridge to your left. Follow the riverbank past a pump house, then over a small lime-stone outcrop until you reach a bench.

④ Bear away from the river and follow the elevated path through a broad tree-lined path that leads to a metal kissing gate.

⑤ When the path veers right alongside a hedge look for a kissing gate on your left. This brings you out on the Grindleton Chatburn road.

⑥ Turn left - taking the road alongside the river over Grindleton Bridge and up to a T-junction. Turn left, then left again into Ribble Avenue. At the end of the Avenue there is a kissing gate that brings you out at the river.

⑦ Turn right and follow the river to the water treatment works. From here the path skirts around the perimeter of the works and returns the riverbank further down. After crossing over two small wooden bridges the path brings you out on the West Bradford road.

⑧ Turn left towards the bridge keeping to the right hand side of the road. Just before the bridge take the steps on your right, down to the River Walk alongside the river until you come to a posted ‘No Right of Way’ sign.

⑨ Turn right and keeping the hedgerow to your left go through two kissing gates. At the second gate you will find a small local map.

⑩ From this take a bearing that will guide you through two fields to a disused quarry.

⑪ The going at the quarry can be hard, with steep steps going in and a steep banking coming out. Beyond the quarry are open fields. Take a diagonal route to a farm track. Cross this via two stiles. Take a bearing left of the telegraph pole until you reach a farmyard. This brings you out on the road between Waddington and West Bradford.

⑫ Turn left, then left again opposite the school and through a kissing gate. Cross the fields - taking a bearing to the right of the small mound - when you will come to a barn and farm track. Take this track which will bring you out on the Waddington road. Turn left and walk towards Brungerley Bridge.

⑬ You can link up with Walk 1 through the grounds of Waddington Hall - or continue on to Brungerley Park.