



Fantastic mountain biking in the heart of Rossendale

LEE & CRAGG QUARRY BIKE TRAILS



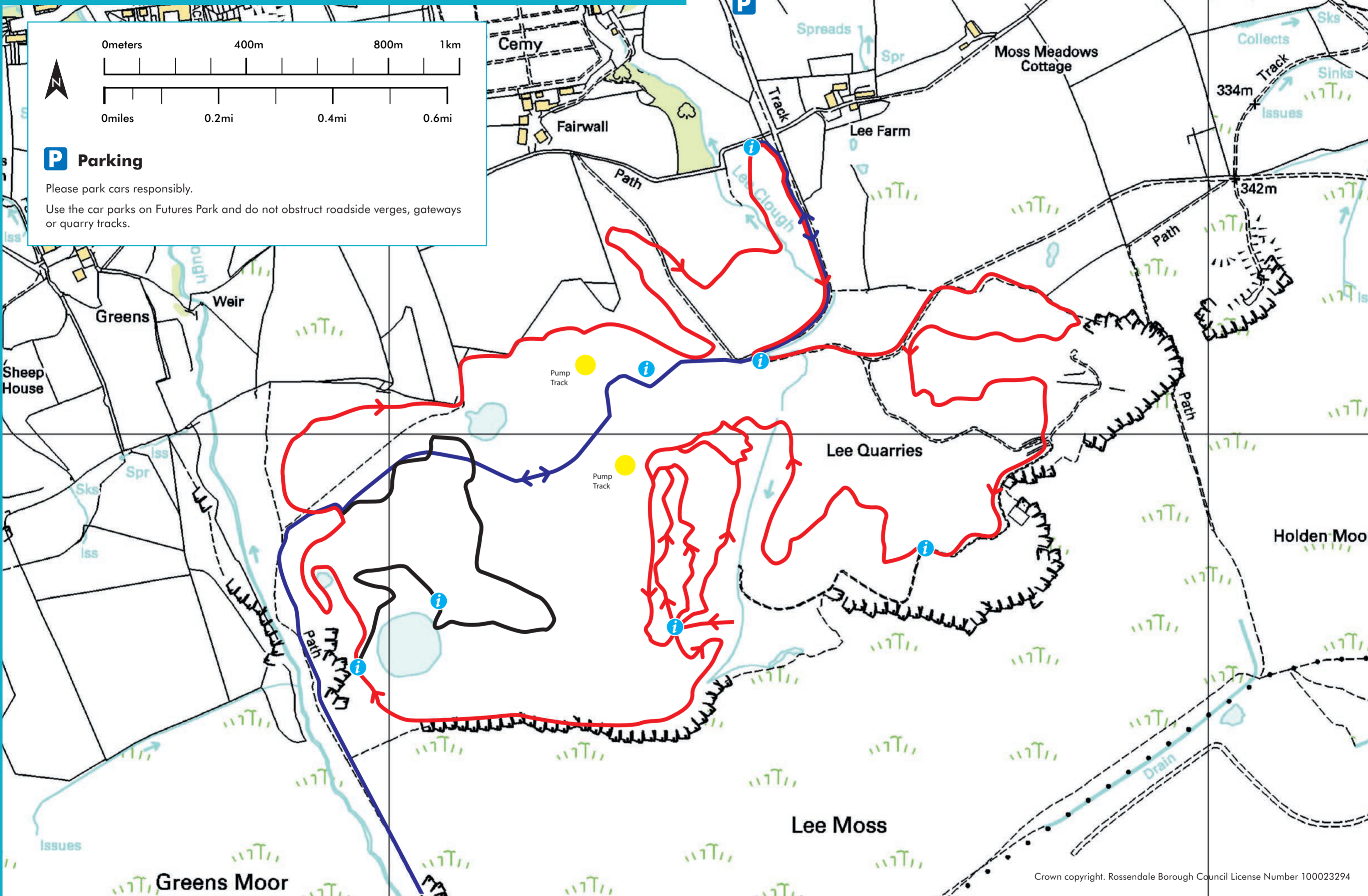
FURTHER INFORMATION

For more information on Lee or Cragg Quarry and for accommodation and tourist information visit www.visitrossendale.co.uk

The following organisations have supported the creation of Lee & Cragg Quarry bike trails.



LEE QUARRY, BACUP



LEE QUARRY

Lee Quarry is the first of Rossendale's purpose built mountain bike venues. It can be ridden on its own or if you have the legs for it combined with a trip up to Cragg Quarry (see the other side of this leaflet). Lee Quarry has around 10km of red and black graded mountain bike trails, two pump tracks and numerous cycle trials sections.

One of the key features of Lee Quarry is it's short repeatable loops the idea of these is that you can session these sections and build your skills. Whether you want to practice your climbs, riding rock gardens, drop off's, jumps or the huge berms there is always room for improvement and Lee Quarry is the perfect place to practice. But be aware the rocks are unforgiving and the site is exposed so make sure you are dressed appropriately and take in to account what the weather is doing. In particular do not attempt to use the jumps in strong winds.

QUARRY CYCLE CODE

- 1. Don't rely on others;**
 - can you get home safely?
 - carry the right equipment and know how to use it
- 2. For your own safety;**
 - always wear the right safety clothing, at least a cycle helmet and gloves;
 - only cycle within your abilities;
 - only tackle jumps and other challenges if you are sure you can do them, have a look first!
 - train properly especially for difficult and technical routes.
- 3. On and off road;**
 - expect the unexpected – watch out for other visitors;
 - for your own and others' safety always follow warning signs and any advice you are given;
 - be aware horse riders and walkers also use the quarries. Please be considerate to other users.
- 4. Cycle carefully and come back soon!**

NATIONAL TRAIL GRADING

▲ Red: Difficult

Suitable for: Proficient mountain bikers with good off road riding skills and fitness.

Equipment: Good mountain bikes.

Trail: Challenging climbs, tricky descents & technical features such as drop-offs & large rocks.

◆ Black: Severe

Suitable for: Expert mountain bikers with high levels of fitness.

Equipment: Quality off-road mountain bikes

Trail: Greater challenge & difficulty. Expect large and unavoidable features.

YOUR SAFETY

- Quarries are a potentially dangerous environment there are many unfenced cliffs and drops if in doubt get off your bike and have a look on foot.
- Do not climb the cliff faces as they are unstable in certain areas.
- Children must be supervised closely at all times
- No swimming is permitted in any of the pools they are not safe for swimming.

EMERGENCY!

Mobile Phone

Network coverage in the quarries is poor.

Locator Posts

When out on the trail, use our locator posts to help identify your location.

Maps & Grid Reference

Ordnance Survey Map Explorer OL21 - South Pennines
Lee Quarry SD 864210
Cragg Quarry SD 834196

Nearest A&E Hospital

Royal Blackburn Hospital tel: 01254 263555



CRAGG QUARRY

Cragg Quarry is the jewel in the crown of the local trails it feels more like a secret riding spot you have discovered than a purpose built trail. From Lee Quarry head south following the newly constructed route across Brandwood Lower End Moor until you reach Rooley Moor Road (which is part of the Mary Towneley Loop) turn right (west) and follow the Mary Towneley Loop for just over 1km and you will find yourself in Cragg Quarry. Here you will find about 6.5km of swooping flowing singletrack which makes good use of the spoil heaps left up there by Rosendale's Quarrying heritage. From Cragg you can either carry on and make use of the local bridleway network or return back down across Brandwood Lower End Moor to Lee Quarry. Total distance from Lee across the moors one loop of Cragg and back down is about 13km. Be aware though there is a reason these moors are home to one of the UK's biggest wind farms!



VOLUNTEERING

The more we build, the more there is to ride.



PENNINE MOUNTAIN BIKE ACTION

If you would like to get involved in trail building in Lancashire, Pennine Mountain Bike Action (PMBA) it is worth checking out the PMBA website (www.pmba.org.uk).

PMBA started when a group of riders, diggers, event organisers and trail centre rangers came together in the belief that putting some effort into diplomacy and digging can make the future of mountain biking in Pennine Lancashire and surrounding area even better.

Mountain biking in the area has really taken off in the last few years with the likes of the developments at Lee Quarry, Gisburn Forest, Healey Nab and the Mary Townley Loop to name but a few. The area already has a strong mountain biking community, and PMBA brings individuals and groups together to help shape the future of our riding landscape and take some responsibility for what comes next.

For further information and to join go to www.pmba.org.uk

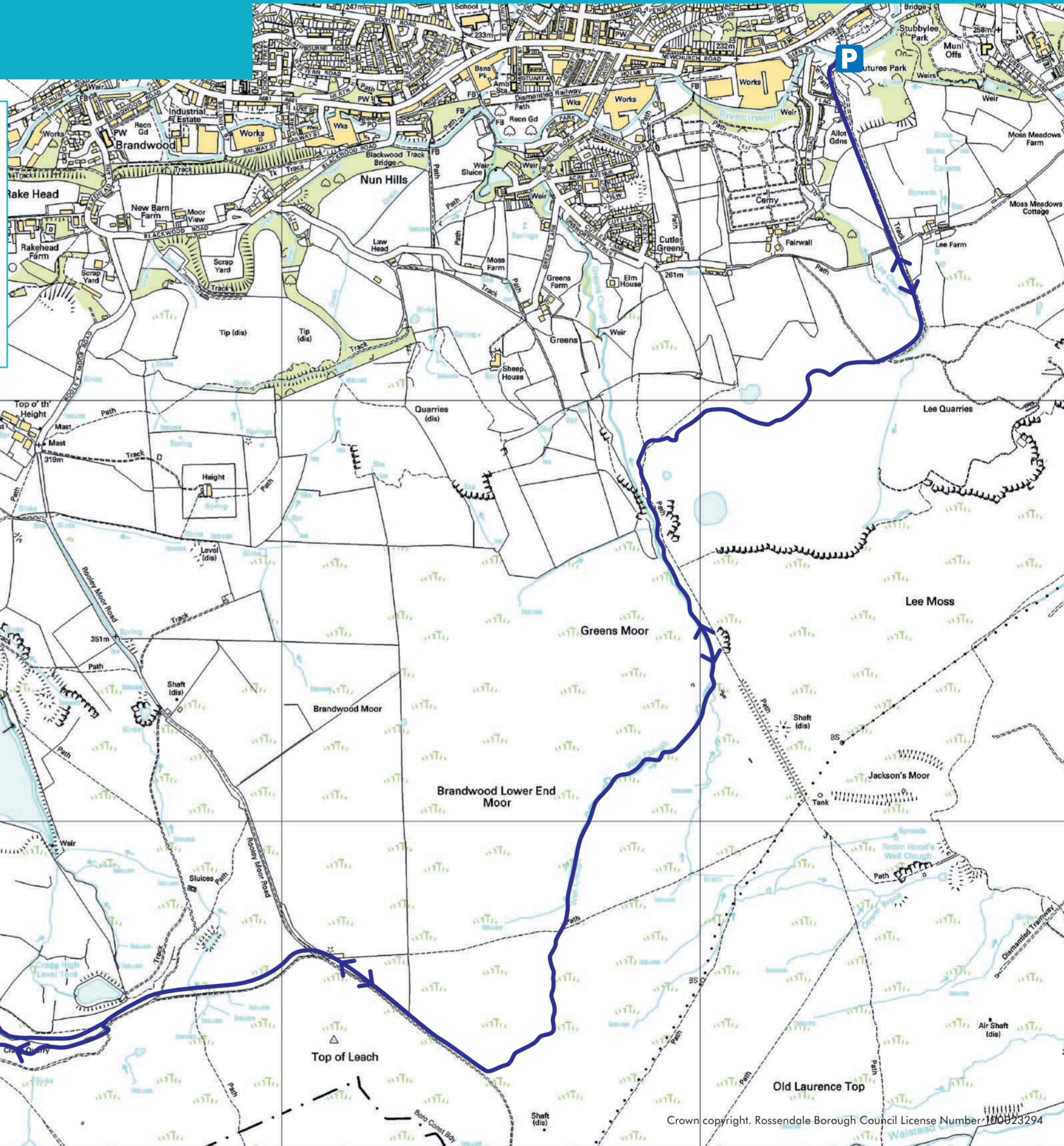


Brownbacks is a grassroots volunteer racing organisation that is all about bringing top class mountain bike racing to an all weather venue.

For information on our race calendars please visit www.brownbacksracing.co.uk

CRAGG QUARRY, BACUP

P Parking
Please park cars responsibly.
Use the car parks on Futures Park and do not obstruct roadside verges, gateways or quarry tracks.



HOW TO FIND LEE AND CRAGG QUARRY

WELCOME TO ROSSENDALE