

## Getting about by bike

Welcome to the Hyndburn Cycle Map. Hyndburn has a growing network of off-road cycle routes. With more cycle lanes and 20mph zones it is becoming safer to cycle on road too.

## Hyndburn Greenway (Route 6)

Hyndburn's great traffic free route links Blackburn, Accrington and Baxenden. It is part of national cycle route 6 which will eventually link London with Carlisle

### Baxenden to Accrington

From Baxenden follow the cycle path on the old railway through the lovely Woodnook Valley into Accrington

### Accrington Causeway

Cross the lake into Accrington Town Centre on the unique causeway. The red pillars used to carry the railway across the lake. The lake supplied the Globe Works which was the largest textile machinery works in the world. The Bullough family owned the Works, a fleet of Rolls Royces, a private yacht and the Scottish Isle of Rum.

### Accrington to Church

Follow the cycle path along the railway to Church

### Church to Rishton

Discover the heart of rural Hyndburn. From Church Kirk take the cycle path through open countryside to rejoin the canal south of Rishton. There are great views of Pendle Hill from the path.

### Rishton to Blackburn

From Rishton follow the canal into Blackburn. There are links into Blackburn Town Centre and Witton Park.

### Links to Rossendale

There are plans to extend Route 6 south into Rossendale, linking to Haslingden, Ramsbottom and Bury.

## It couldn't be easier to get started

British Cycling and Hyndburn CTC, part of Prospects Foundation run regular series of cycle rides

[www.goskyride.com](http://www.goskyride.com)  
[www.prospectsfoundation.org.uk/events/cycling](http://www.prospectsfoundation.org.uk/events/cycling)

## it's..fun'n'friendly

Plan your route... Use this map to plan your route. Use quiet roads, the canal towpath or cycle paths, to avoid the worst of the traffic.

It is quicker by bike... Short journeys are often quicker and easier by bicycle. It is more flexible than public transport and can also be fun.



## Getting healthier too!...

Cycling to work or the shops is a way to obtain the 30 minutes a day exercise recommended by doctors.

### Did you know Cycling?..

- Keeps you young...Regular cyclists are as fit as an average person 10 years younger.
- Burns calories instead of carbon...A cyclist's emissions only bother the person behind.
- Gives you miles of extra cash...Cycling saves you money, so you've more to spend on you.
- An average household in the UK spends one pound in every six on travel...think how much you'll save travelling by bike.
- Cycle with the children...Kids love cycling, take the children (or grandchildren) on one of the area's traffic free cycle paths.
- Cycle to school...New, safe, cycle routes are serving local schools...it's in a class of it's own.
- Cycle to college...Make cycling part of your course.
- Cycle to work It's the business!
- Cycle to the station...There is secure cycle parking at Accrington new eco station.
- Great Harwood cycle to Rishton and take the train from Great Harwood.



## Mountain Biking

Ride on the Kings Highway to Haslingden, head to the West Pennine Moors or take the bridleway to Whalley. Rossendale's Adrenaline Gateway mountain bike area is nearby.



## Wheels for all...

There are bikes for everyone at the Wheels for All Centre. If you can't ride a bike, or have a disability there's help for you here at Wilson's Playing Field, Clayton-Le-Moors.

[www.cycling.org.uk](http://www.cycling.org.uk) 01925 234213



## Other Routes

### Rishton to Great Harwood

From the canal towpath at Rishton follow the cycle path on the old railway to Great Harwood. The railway was built to avoid congestion at Accrington Railway Station. It is hoped to extend the cycle path over Martholme Viaduct to Padiham and Burnley

### Canal towpath

Much of the canal towpath in Hyndburn has been upgraded to allow use by cyclists

### Huncoat Greenway

When complete the new Greenway will link the north side of Accrington with Huncoat.

### Schools Links

There are off road cycle paths serving St Christopher's Church of England High School and Accrington Academy on Queens Road.

Both Norden Sports College and Hollins Technology College are close to the Hyndburn Greenway.

### Links to Accrington and Rossendale College

For the College, leave the Greenway at Nuttall St and follow Nuttall St and Wellington St to the College. From the north you can use side streets to get to the college.



## When sharing routes...

Some Hyndburn cycle routes follow paths shared with walkers and horses.

- Cycle slowly past pedestrians, giving them plenty of room.
- On downhill sections watch your speed. You will be surprised how quickly you can pick up speed.
- Do not assume other users can hear or see you. Use your bell or say 'hello' and 'thank you'.
- You are legally allowed to cycle on cycle paths and bridleways, but not on footpaths.
- Take extra care when passing horses. On bridleways you should give way to them.
- When cycling with children keep a close eye on them.
- On canal towpaths follow the Waterway Code. Ride at a sensible speed. Be very careful at bridges. Dismount if necessary.

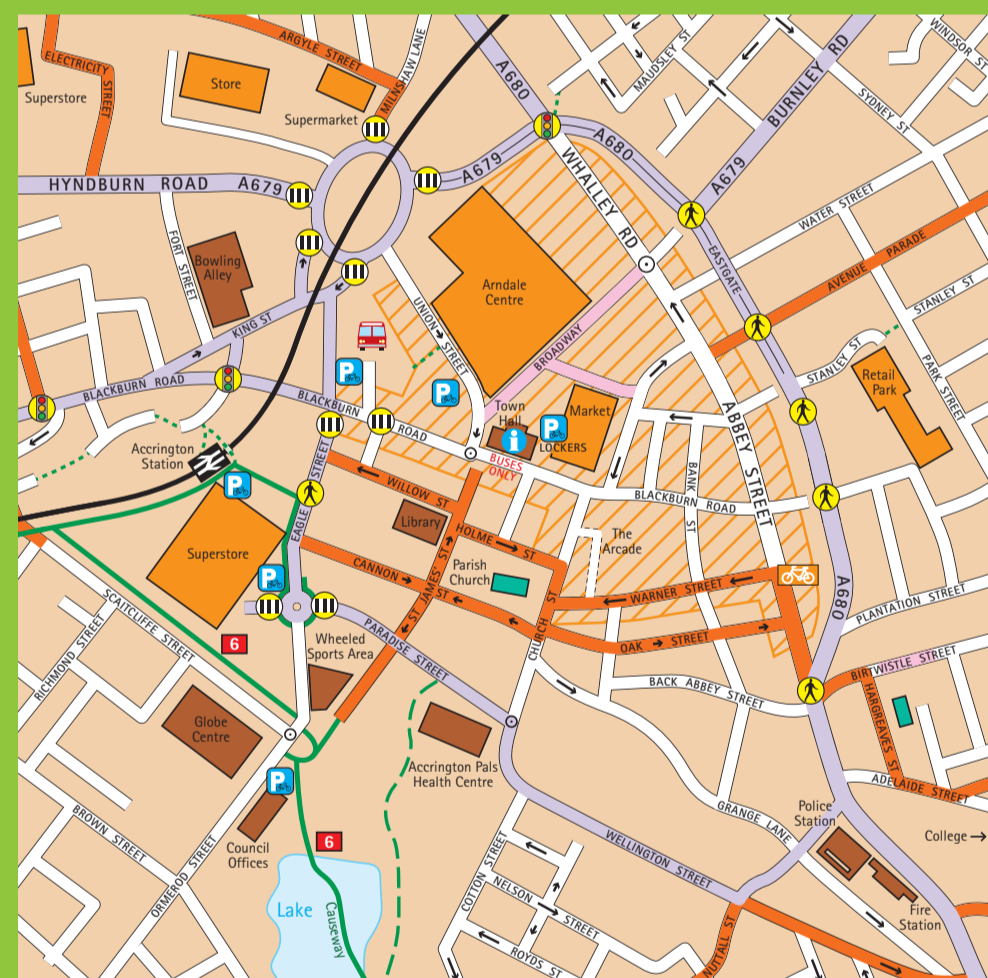
## Further Information

For more information about Cycling in Lancashire  
[www.visitlancashire.com/cycling-lancashire](http://www.visitlancashire.com/cycling-lancashire)

Online Cycle Journey Planner  
An online cycle journey planner is available from  
[www.cyclestreets.net](http://www.cyclestreets.net)

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## Accrington Town Centre

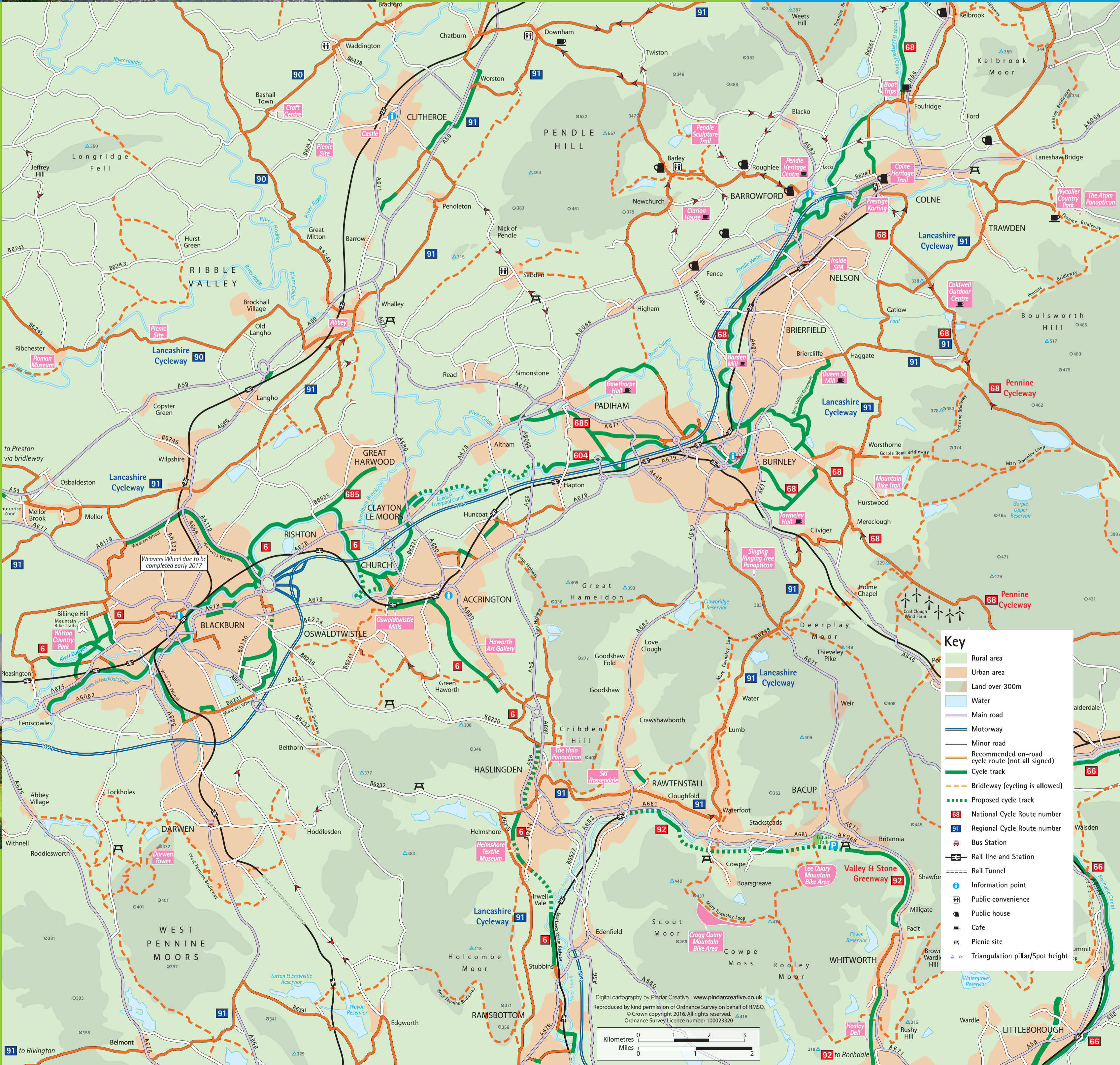


Main road	Rural area	Zone crossing (operator's demand)	Place of interest
Minor road	Golf Course/Cemetery	Police crossing	Schools & Colleges
Unsurfaced Road/Track	Park and open space	Traffic crossing	Major employment site
Recommended on-road cycle route (not all signed)	Urban area	Cycle parking	Shops
Cycle track	Industrial area	One-way	Cycle Shop
Proposed cycle track	Water	National Cycle Route number	Regional Cycle Route number
Cycle lane	Proposed bridleway	Bus Station	Hospital
Bridleway (cycling is allowed)	Proposed bridleway	Rail line and Station	Place of Worship
Proposed bridleway	Footpath (cycling is allowed)	Main retail area	Other buildings
Footpath (cycling is allowed)	Main retail area		

Approximate Scale

## Discover Pennine Lancashire's Heritage by bicycle

Pennine Lancashire's growing network of off-road cycle routes uses old railways, canal towpaths and cycle paths. Soon you will be able to ride off-road all the way from Blackburn to Barnoldswick. This great countryside has splendid views to Pendle Hill and the South Pennines. Stop for a break at one of the canal-side attractions, cafes and pubs. See how rich and poor used to live and work. Cycle to Gawthorpe Hall, near Padiham or Witton Park in Blackburn or Towneley Hall in Burnley.



### Blackburn Weavers' Wheel

The Weavers Wheel is a new circular cycle route round Blackburn linking to Witton Park. The route should be fully open in 2017.

### Whats you bike type?

**Racing Bike...** These have drop handle bars and are lightweight.  
**Mountain Bikes...** Have sturdy frames and knobby tyres to give more grip on muddy tracks.  
**Hybrid bikes...** Great for around town, combining the sturdiness of mountain bikes with the lightweight of racing bikes. Electric bikes... Can help you get up hills.

### A great cyclist comes from Hyndburn...

Alan Ramsbottom Way in Great Harwood is named after a local man who was a top Tour de France cyclist in the 1960s.

Key

- Rural area
- Urban area
- Land over 300m
- Water
- Main road
- Motorway
- Minor road
- Recommended on-road cycle route (not all signed)
- Cycle track
- Bridleway (cycling is allowed)
- Proposed cycle track
- National Cycle Route number
- Regional Cycle Route number
- Bus Station
- Rail line and Station
- Information point
- Public convenience
- Public house
- Cafe
- Picnic site
- Triangulation pillar/Spot height

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0 1 2 3  
Kilometres  
0 1 2 3  
Miles

# Let's Cycle Hyndburn

- |  |  |  |                                     |  |                       |
|--|--|--|-------------------------------------|--|-----------------------|
|  | Main road  |  | Zebra crossing (cyclist's dismount) |  | Place of interest     |
|  | Minor road                                       |  | Pelican crossing                    |  | Schools & Colleges    |
|  | Unsurfaced Road/track                            |  | Toucan crossing                     |  | Major employment site |
|  | Recommended on-road cycle route (not all signed) |  | Traffic signal crossing             |  | Shops                 |
|  | Cycle track                                      |  | Cycle parking                       |  | Cycle Shop            |
|  | Proposed cycle track                             |  | One way                             |  | Hospital              |
|  | Cycle lane                                       |  | National Cycle Route number         |  | Place of Worship      |
|  | Bridleway (cycling is allowed)                   |  | Regional Cycle Route number         |  | Other buildings       |
|  | Proposed Bridleway                               |  | Bus Station                         |  |                       |
|  | Footpath (dismount, no cycling)                  |  | Rail line and Station               |  |                       |
|  | Main retail area                                 |  | Rail Tunnel                         |  |                       |

Approximate Scale  
 Metres 0 100 200

