



**Explore Burnley and Padiham's Heritage by bicycle**  
Cycling is a great way of exploring Burnley's heritage. Many of the area's attractions including Towneley Hall, Gawthorpe Hall and Queen St Mill are close to cycle routes.

Discover Burnley's canal heritage by bike. Cycle into railway history along the Padiham Greenway.

From the town centre ride to the National Trust's Gawthorpe Hall via the canal and the Padiham Greenway or follow the Brun Valley Greenway to Queens St Mill, the last working steam driven weaving mill in the world. Cycle to Towneley Hall. Home to the Towneley family for 500 years, the Hall houses an art gallery and displays on local history. You will find a café at the hall.

**Ride the Burnley - Padiham Loop**  
From the centre of Burnley follow the canal past the Weavers' Triangle. Ride over the M65 to the canal to Ighten Lane. Continue down the hill to Ighten Hill Bridge. Follow the River Calder Greenway on a quiet lane to Padiham past riverside meadows and the "Trail of Words". In Padiham you can visit the National Trust's Gawthorpe Hall. Return to Burnley via the Padiham Greenway and the Canal. 7.5 miles.



**When sharing your route**

- Cycle slowly past pedestrians giving them plenty of room.
- On downhill sections watch your speed. You will be surprised how quickly you can pick up speed.
- Do not assume other users can hear or see you. Use your bell, say "hello" and "thank you".
- You are legally allowed to cycle on cycle paths and bridleways, but not on footpaths.
- Take extra care when passing horses. On bridleways you should give way to them.
- When cycling with children keep a close eye on them.
- On canal towpaths cycle at a sensible speed. Be careful at low or blind bridges, dismount if necessary.

**Tips when cycling on road**

- Wear bright clothing.
- Slow down if you see a car waiting to turn in or out of a junction.
- Allow space for car doors to be opened when riding past parked cars.
- Use off road cycle paths at roundabouts where they are provided. Around 10% of accidents to cyclists happen at roundabouts.
- Watch your speed when going down a hill.
- Use cycle paths and minor roads rather than busy main roads.
- When cycling a helmet will help reduce the chance of head injuries.

**Tips when driving**

- Allow cyclists plenty of space when overtaking them. Slow down if necessary.
- Only overtake a cyclist if you have adequate forward visibility.
- Watch out for cyclists at roundabouts and junctions.
- When opening car doors check for cyclists.

